

# Broughton Community Schools

# Newsletter



Friday 8th May 2026

Dear Parents and Carers,

I hope you have all had a good few weeks, this half term is certainly going fast. Four day weeks are certainly lovely to have and I do hope you all had a great long weekend.

I would like to wish all our Year 6s the best of luck with their SATS exams next week. We are running the Year 6 breakfast club to help them settle in to school and hopefully give them the best start to the day. For parents of those children, we just ask that you give them as much encouragement as possible to try their very best. Once they get to Thursday afternoon, all of the assessments they ever sit in a primary school will be all finished! Good luck Year 6 and make us all proud.

Moving to Year 5 there is a presentation available on the school website that explains all about the transition to Year 6, the secondary transfer test and the application process to secondary schools - yes, that time is nearly upon you. If you need any support with this or would like to speak to someone about the process then please do let me know. Please follow the link below to see the presentation  
<https://youtu.be/iBGfOWgu5X0>

On Tuesday of next week we have our new wellbeing officer starting, Miss Emily Curtis. She joins us from another local school and comes with experience of supporting wellbeing across a large school. I am sure you will see her out and about across the two playgrounds either in the mornings or afternoons. We are looking forward to her getting started.

Next week we have 6 work experience volunteers working across both schools for the week. They are all ex pupils of Broughton and I am sure your child will talk about them when they come home from school. It is lovely when our old pupils come back to support the children across the schools and I hope we inspire them to work with children or in education when they leave school.

I know a few parents have mentioned about progress with the bus project and I just wanted to keep you updated with it. Progress had stalled for a bit but we are now back to things moving forward, it will be painted shortly, stripped and fitted out with a blank interior. We will then look at how we furnish it inside, however, we are looking for some help with installing a coffee/tea bar area within the bus. If anyone knows someone who can help us design this or install an area like this then please do let me know! I hope you all have a lovely weekend and see you all next week!

Mr Charlie Reed

# Important Notices

## Arbor Update

### Wrap around care

All wrap around care payments and bookings are now live in Arbor and so please do not refer to school money any longer for this. All outstanding money has been transferred to Arbor and so your Arbor account is accurate.

School lunches are still bookable in School Money for lunches up until Friday 22nd May. However, Lunches for 2nd June onwards must be booked in Arbor.

**Important! Meals for week commencing Tuesday 2nd June to Friday 5th June must be booked in Arbor by Friday 15th May at the latest.**

### Food Ambassadors

A few weeks ago, our Food Ambassadors delivered an assembly to KS1 all about the importance of striving to eat five portions of fruit and vegetables per day. They spoke about portion sizes and how it is important to 'eat a rainbow'. A great presentation and some fantastic outfits, well done.



## Dates for your diary

### Infant School dates

Fri 22nd May - PTFA Mufti Day  
Fri 22nd May - Break up for half term  
Mon 1st June - INSET Day - school closed  
Tue 2nd June - Children back to school  
Fri 5th June - PTFA Colour Run  
Mon 8th June - Reception Trip to Waddesdon  
Thurs 11th June - Year 2 Trip to Windsor Castle  
Wed 17th June - Sports Day  
Friday 26th June - PTFA Mufti Day  
Mon 29th - 1st July - New parent transition tours

### Junior School dates

Friday 15th May - Y4 Theatre Trip - Awful Egyptians  
Wednesday 20th May - Y5 Greece Workshop  
Fri 22nd May - PTFA Mufti Day  
Friday 22nd May - Break up for half term  
Mon 1st June - INSET Day - school closed  
Tue 2nd June - Children back to school  
Fri 5th June - PTFA Colour Run  
Wed 17th June - Sports Day  
Thursday 18th June - Y6 - Chessington Trip  
Friday 26th June - PTFA Mufti Day  
Thursday 2nd July - Y6 IWM London Trip

# Infant School Certificates

**Our school value for this half term is friendship.**

## Reception

01.05.26

Otis- For working very hard all week in the classroom.

Munzareen - For being a good friend and sharing.

08.05.26

Theo M- For being a kind friend and also showing bravery to say no.

Kenny - For always being kind and caring to all of the members in our class.

### **Other certificates:**

Silver Reader- Raiden, Theo M, Otis, Archie

## Year 1

01.05.26

Aarav - for being helpful, hardworking and a good friend to others.

Jeshua - for being a kind and caring friend to others.

08.05.26

Musa - for being kind, helpful and a good friend.

Tia - for being a caring friend and helping others.

### **Other certificates:**

**Handwriting** - Henrietta, Bohan, Silvia, Alaia

**Gold reader** - Henrietta, Mika, Aisha, Evelyn

## Year 2

01.05.26

Jessica - for being a good friend, caring towards others.

Arlo - for his improved behaviour and friendship with other.

08.05.26

Izabela - for having a great week and always being a good friend.

Kairav - for being a great friend.

### **Other certificates:**

**Handwriting** - Harrison, Jaxon.

**22 Club:** Bruno **33 Club:** Eloise, Layla, Zavian & Lewis. **44**

**Club:** Ralph & Aleha **66 Club:** Bhuvan **77 Club:** Onsi

**Headteacher Award:** Elias, Ralph & Jack

**Silver Reader:** Liliana & Onsi **Gold Reader:** Edith & Elias

**Super Reader:** Aleha, Arthur & Katie

### **Class Attendance Award**

Week 1 - Kiwi Class - 99.3% Well done!

Week 2 - Koala Class - 97.4%

TEAM POINTS LEADERBOARD	
1st	Yellow
2nd	Blue
3rd	Red
4th	Green

# Junior School Certificates

**Our school value for this half term is friendship.**

## Year 3

01.05.26

Delilah - for being a helpful friend when someone needs support.

Bella- For helping a friend when they were hurt.

08.05.26

Vedika - for sharing ideas and taking turns fairly.

Wednesday- For always being kind and caring to others especially when they need help.

### **Other certificates:**

Silver Reader- Wednesday, Stanley Gold Reader - Rae

Teampoints; Silver - Vinnie, Robyn, Gold - Rae, Leo, Hope, Stefan

22 club- Amelia 33 Club - Ollie, 55 Club - Delilah, Ruby, Bella, Khadijah 66 Club - Joshua B, Zoha, Wednesday

## Year 4

01.05.26

Mohammad - For always being a kind friend towards everyone.

Ananya - for playing nicely with her friends and always making them laugh

08.05.26

Ayan - For being a helpful friend both in class and at play time.

Hafsa - for being a supportive friend by helping other children to feel included in group work

### **Other certificates:**

Bronze Reader- Oliver Gold Reader- Hudson, Ruhan Commending Reader- Euan

Bronze Team Points- Mohammad, Silver- Fatimah, Tanya, Evelyn, Archie, Ananya, Gold- Peyton, Isla, Eliza

Diamond- Eva, Oliver, Tra, Theo, Luke, Jack, Platinum - Ethan, Selena, Seb

55 Club- Mohammad 77 Club- Fatimah, Phoebe 88 Club- Ayan, Jack 99 club - Poppy, Bronze Club- Euan, Luke, Gold - Adam

## Year 5

01.05.26

Ayeza - For being so kind and respectful to adults and friends in school

Noah - for being a great friend

08.05.26

Vibhu - For having a fantastic attitude in everything she does and getting along so well with others

Annabelle - for always being a supportive friend

### **Other certificates:**

77 club - Batrice, 99 club - IBK, Silver: Isabelle and Lianne, Diamond award: Oliver

Gold team points, Rafe, Kiara, Leah, Mia, Annabelle, IBK, Kyra, Diamond, Alfie, Darcey H, Alethea, Eze

**Year 6**

01.05.26

Farhan - for always being a good friend and lending a helping hand.

08.05.26

Reuben - for supporting a friend when they needed some encouragement.

**Other certificates:**

Star writer: Charlie, Evie-Rose, Iona - for writing a wonderful narrative.

Silver team points: Mason S, Alia, Emerson, Ester

Gold team points: Reuben, Farhan, Luqman, Cierra, Aliza, Mason S

**Class Attendance Award**

Week 1 - Year 4 Turtle - 98%

Week 2 - Year 5 Pangolin - 98%

**Times tables Rock Stars Champions**

Class of the week - Year 2 Otter

Player of the week -

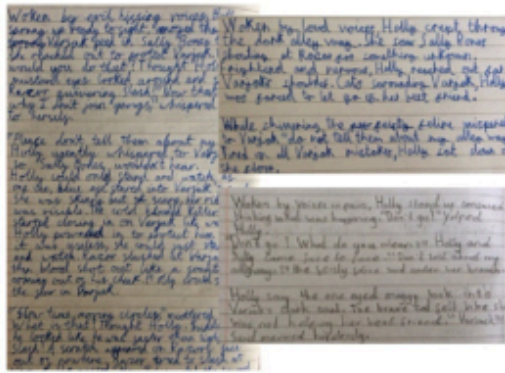
Class of the week - Year 2 Otter

Player of the week -

**Golden Welly Award - for the tidiest welly boot area**

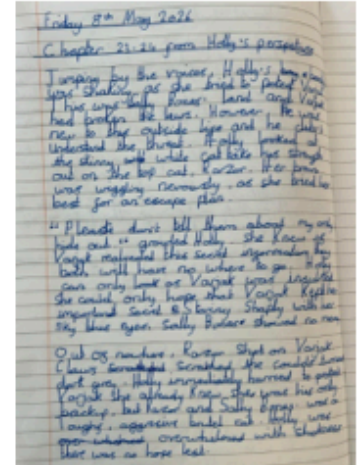
TEAM POINTS LEADERBOARD	
1st	YELLOW
2nd	RED
3rd	BLUE
4th	GREEN

# What's been happening in Year 4?



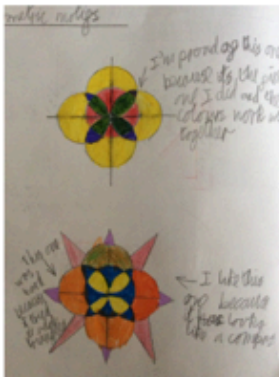
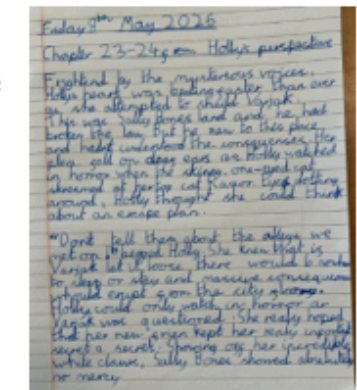
Year 4 have had a busy first few weeks of the Summer Term. In English, they are thoroughly enjoying reading 'Varjak Paw' by SF Said and are currently writing excellent third person narratives this week. We have been really impressed by their efforts and how engaged they are with this text. We look forward to reading

their published work and also their informal letter that they will write before the end of this half-term.

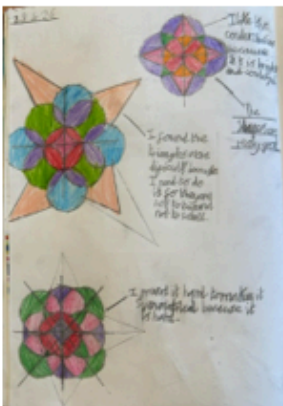
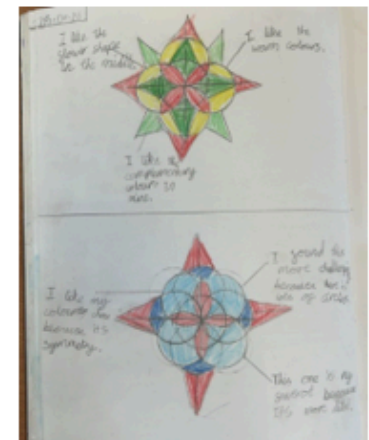
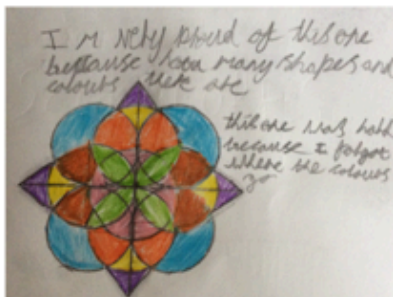


In other areas of the curriculum, Year 4 have made a fantastic start with our Ancient Egyptian topic, particularly through our immersive experience of the play. We are really enjoying seeing them get thoroughly involved and into character, and we're sure

you've heard a few songs too! Next Friday, we will be walking into town to see the 'Awful Egyptians' play at the theatre. The children are very excited, as are we!



In Art this term, we have been learning about Islamic Art, focusing on geometric shapes and symmetrical patterns. The children created some beautiful motifs and next week we will be making a clay relief sculpture.



Lastly, we have been working really hard all year on our times tables, and we are fast approaching the Multiplication Tables Check at the beginning of June. It's been great to see the children progress with these. Please keep practising as much as possible with your child, especially on the TT Rockstars Soundcheck to ensure speed and fluency.

We look forward to the rest of a fun-filled, busy term!

## When and how to give your child a phone

This week I had a great chat with clinical psychologist Dr Martha Deiros Collado. She has spent the last 20 years working with children and families and she is the author of the book [The Smartphone Solution – When and How To Give Your Child A Phone.](#)

I read the book because my sons are 8 and 10 and phones are increasingly becoming a hot topic in our house. Dr Martha describes smartphones as the greatest challenge of modern parenting because our parents didn't really have to deal with this issue and parents of our generation are having to work this all out by themselves through trial and error.

I would recommend reading the book if you are yet to give your child a phone or even if you've already given your child a phone. The book reminds us about our parenting authority – we are in charge, we make the rules and we can always tweak our habits at whatever stage so that we stay in control of our technology rather than it being in control of us.

One of the main points she makes in the book is that smartphones were never designed for children and social media certainly wasn't. In fact, research shows that social media algorithms deliberately play on children's vulnerabilities and show them harmful content within a short space of them being online. Although it has become the norm to give children in Y6 and Y7 a phone, she recommends delaying for longer and creating a new social norm where phones aren't an end of primary rites of passage item. And when we do give our children phones, she recommends creating a 'family phone pledge' which is an agreement about where and when adults and children can use their phones, what areas are off-limits, and that visitors entering our homes abide by our house rules as well.

I would highly recommend watching my interview with Dr Martha and seeing what you think. Here is the link - [https://www.youtube.com/watch?v=Dlt7v1UEWbM.](https://www.youtube.com/watch?v=Dlt7v1UEWbM)

Mr Bethune

Teacher and Wellbeing Governor





**FREE ONLINE SCHOOL COURSES & WORKSHOPS for PARENTS and CARERS**  
 TO BOOK YOUR PLACE ➔ **01296 383582** OR SCAN the QR code or CLICK on the course code link below

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 TO BOOK YOUR PLACE ➔ **01296 383582** OR SCAN the QR code or CLICK on the course code link below

RECEPTION

**GETTING READY FOR YEAR 1**  
 Look at the differences between Reception and Year 1, and how to support your child to move up to year 1

Mon 8th Jun - Mon 6th Jul  
 9:30am - 11:30am

Course code: **FMGC022**

RECEPTION - YEAR 6

**SUPPORT YOUR SEND CHILD AT HOME**  
 Gain a clear understanding to help support your neurodivergent child at home

Wed 10th June - Wed 1st Jul  
 7pm - 9pm

Course code: **FMAN002**

**VOLUNTEERING WORKSHOP**  
 Reflect on what skills you have and how they match the skills you need to work as a volunteer

Tuesday 2nd June  
 6:30pm - 8:30pm

Course code: **FMVW019**

YEARS 1 & 2

**CHEMISTRY WORKSHOP**  
 Gain the skills to bring chemistry concepts to life through sensory story telling.

Tue 2nd June  
 Wed 3rd June

Choose from 1 of these 2 dates

9:30am - 11:30am

Course code: **FMCS108**

YEAR 6

**BECOMING INDEPENDENT IN READINESS FOR SECONDARY SCHOOL -PART 1**  
 Practical Advice for Parents to Support their Children with moving up to secondary school

Tue 16th June  
 Thurs 18th June  
 Tue 30th June

Choose from 1 of these 3 dates

6:30pm - 8:30pm

Course code: **FMTR108**

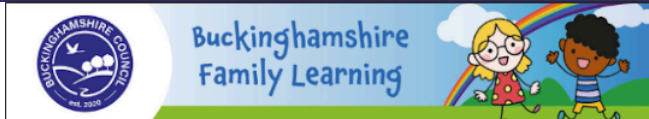
**GETTING PREPARED FOR STARTING SECONDARY SCHOOL -PART 2**  
 Practical Advice for Parents to Support their Children with moving up to secondary school

Tue 23rd June  
 Thurs 25th June  
 Tue 7th July

Choose from 1 of these 3 dates

6:30pm - 8:30pm

Course code: **FMTR109**



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YEARS 1 & 2

**SUPPORT YOUR CHILD'S WELLBEING**  
 Help your child build confidence and self-esteem, manage worries and develop a 'can do' attitude.

Tue 9th Jun - Tue 7th Jul  
 12:30pm - 2:30pm

Course code: **FMWB008**

**SUPPORT YOUR CHILD WITH SCIENCE**  
 Practical ideas to improve your child's science skills and knowledge, through child-friendly activities

Mon 8th Jun - Mon 6th Jul  
 7pm - 9pm

Choose from 1 of these 2 dates

Wed 10th Jun - Wed 8th Jul  
 9:30am - 11:30am

Course code: **FMSC074**

YEARS 2 - 4

**MOVING UP WORKSHOP**  
 Support your Child's transition to the next school year

Mon 13th July  
 7pm - 9pm

Choose from 1 of these 2 dates

Wed 15th July  
 9:30am - 11:30am

Course code: **FMTR083**

YEARS 3 & 4

**SUPPORT YOUR CHILD WITH SCIENCE**  
 Practical ideas to improve your child's science skills and knowledge, through child-friendly activities

Mon 8th Jun - Mon 6th Jul  
 9:30am - 11:30am

Choose from 1 of these 2 dates

Wed 10th Jun - Wed 8th Jul  
 7pm - 9pm

Course code: **FMSC075**

RECEPTION

**STORY WORKSHOP: 'The Fish who could Wish'**  
 Practical ideas to help support your child's early enjoyment of books

Thursday 4th June  
 9:30am - 11:30am

Course code: **FMFW061**

**HANDWRITING WORKSHOP**  
 Child-friendly activities to build your child's fine motor skills and pencil grip

Thursday 18th June  
 Tuesday 23rd June

Choose from 1 of these 2 dates

9:30am - 11:30am

Course code: **FMHA009**

**DEVELOPING WRITING THROUGH STORIES WORKSHOP**  
 Learn how talk is an integral part of improving reading and writing skills

Tuesday 16th June  
 Thursday 25th June

Choose from 1 of these 2 dates

9:30am - 11:30am

Course code: **FMWS096**

**CONFIDENCE & WORRIES WORKSHOP**  
 Help develop your child's confidence, resilience and manage their worries

Tuesday 30th June  
 9:30am - 11:30am

Course code: **FMWB098**

**FUN SCIENCE THROUGH STORIES WORKSHOP**  
 Practical ideas to help to support your child's early science skills and make learning fun

Tuesday 9th June  
 Thursday 11th June

Choose from 1 of these 2 dates

9:30am - 11:30am

Course code: **FMSC010**

**FUN WHILE LEARNING OUTSIDE WORKSHOP**  
 Explore the advantages to learning outside for children and why this is encouraged in Primary School

Thursday 2nd July  
 Tuesday 7th July

Choose from 1 of these 2 dates

9:30am - 11:30am

Course code: **FMLO097**



Buckinghamshire  
Adult Learning

Funded by  
UK Government

# Budget friendly Cooking\*

Gain confidence cooking with an air fryer! This course is perfect for anyone who has an air fryer but doesn't know where to start, or for those wanting simple, healthier ways to enjoy great food!

Every Thursday 7<sup>th</sup> May - 25<sup>th</sup> June

Elmhurst Adult Learning Centre  
Dunsham Lane. Aylesbury HP20 2DB

Find out more and book your FREE place contact Debbie:

☎ 07770 802497 (call or text)

✉ [cldevteam@buckinghamshire.gov.uk](mailto:cldevteam@buckinghamshire.gov.uk)

All ingredients and equipment included. \*Eligibility requirements apply.



[www.adultlearningbc.ac.uk](http://www.adultlearningbc.ac.uk)

BROUGHTON COMMUNITY  
SCHOOLS WOULD LIKE TO  
INVITE YOU TO OUR ...

# ☀️ COFFEE MORNINGS ☕

START THE WEEK OFF WITH AN  
INFORMAL GET TOGETHER TO MEET  
& CHAT WITH OTHER PARENTS

- 9-10AM
- MONDAYS - 27<sup>TH</sup> APRIL, 18<sup>TH</sup> MAY, 29<sup>TH</sup> JUNE AND 20<sup>TH</sup> JULY.
- THE BRIDGE @ JUNIOR SCHOOL SITE
- ALL WELCOME
- SPEAK TO MRS KITCHEN IF YOU HAVE ANY QS :)



# Free Parenting Programmes

Our parenting programmes will help you develop new and existing parenting skills, offer advice and build your confidence as a parent.

Proud to be part of

**Family Hub  
Network**  
Buckinghamshire



Scan me

## LITTLE TALKERS

18 months to 3 years old

- Focuses on children's speech, language and communication skills and how parents can promote them
- Designed by Buckinghamshire Speech and Language Therapy



## PARENT PUZZLE

1 to 6 years old

- Understand challenges and how to address them
- How to support your child's growth for calmer parenting



## TALKING TEENS

11 to 18 years old

- Focuses on relationships within the family, communication, negotiating, decision-making and strategies to reduce conflict
- Learn more about teenagers and their needs



## THE NURTURING PROGRAMME

7 to 11 years old

- Help deal with the challenges that come with parenting
- Think about what we do, why we do it and how it makes us feel



## BALANCEABILITY

2.5 to 5 years old

- Accredited learn to cycle programme
- Develops confidence, spatial awareness, dynamic balance, and how to ride without stabilisers



## KEEPING YOUR CHILD IN MIND

All ages

- Work together in ways that support growing children and a calmer family life
- Explore the conflict between parents/carers both in a current or previous relationship



☎ 01296 383293

✉ [familyinfo@buckinghamshire.gov.uk](mailto:familyinfo@buckinghamshire.gov.uk)

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

# What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so enthral young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK ... and knowing what to do about content that upsets them.

## 1. UNDERSTAND THE ALGORITHM

Algorithms rank content by user interest: someone who regularly interacts with sports news, say, will see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.

## 2. AVOID THE MAIN FEEDS

Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.

## 3. DISCUSS WHAT THEY'VE SEEN

Chatting about what your child's seen online keeps you aware of the content they're interacting with. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss who they follow, what posts they like and what comes up in their feeds: if alarm bells ring, it could be time for a more in-depth talk or to seek support.

## 4. LEARN HOW TO HIDE CONTENT

If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as indicating you'd prefer any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.

## 5. SET DAILY LIMITS

Phones and most apps can tell you how much they're being used. Spending too long online can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules – for everyone to follow – around device use, such as screen time limits and tech-free spaces: involving your child in creating this agreement makes them more likely to stick to it.

## 6. MONITOR THEIR ACTIVITY

Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to exercise their independence – but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.

## 7. TURN OFF PUSH NOTIFICATIONS

Even for adults, it's tempting to check an email or message as soon as the alert sound pings. Push notifications encourage people to open their apps and spend time on their device, so turning them off will help your child to practise mindful use of tech. Most of us have other things that we need to focus on as a priority – and those notifications will still be there later, when we have more time.

## 8. USE DEVICES TOGETHER

Giving children internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to hugely damaging content. You could consider making a particular area at home a designated space to use phones, tablets and so on – making it much easier to monitor what content your child is viewing and (if necessary) steer them away from any potentially harmful paths.

## 9. ENCOURAGE OTHER ACTIVITIES

Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and restful sleep for our mental wellbeing. Spending hours on social media can cause us to sacrifice other activities that our brains need to feel well – so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be immensely beneficial.

## 10. TALK ABOUT PEER PRESSURE

Most platforms default children's accounts to private, so only people they've accepted as friends can see their posts. This reduces the risk of bullying or unkind comments, but – just like offline life – the digital world can still make children feel as if they need to act or look a certain way to fit in. Talk to your child about peer pressure, and listen to any concerns so you can provide the support they need.

## Meet Our Expert

Shazia Sorwar-Azim is executive headteacher at a specialist primary school and, as an emotional therapy coach, works with school leaders to focus on the SEND, mental health and wellbeing agenda. A passionate advocate for vulnerable learners, Shazia is a Fellow of the Chartered College of Teaching and the author of *The Rainbow Within*, a book which supports children with SEMH needs.



**NOS** National Online Safety®  
#WakeUpWednesday

Source: <https://www.bbc.com/news/technology-50009005>  
<https://www.nos.org.uk/what-is-social-media-mental-health/>