

Broughton Community Schools

# Newsletter



**Friday 10th October 2025**

Dear parents and carers,

Can you believe we have been back in school for 5 weeks now - the summer holidays seem like such a long time ago. Having said that, the children are now well in the thick of their learning and routine - from reception to Year 6 I can see the children really making improvements and being more focused. I do have a request though - no children should be left unsupervised on the school grounds before school unless they are Year 6 children who have written permission to get to school by themselves. Please do not drop off children and go - the school is not responsible for your child until that first bell goes and they are inside the premises.

Next week we have our parents evening in both schools. These are really important appointments where you can sit and discuss your child's progress in school so please do attend if you have booked your place. There will also be some of the children's class books for you to look through and the scholastic book fayre will be open as well for parents and families to purchase books.

We often celebrate a whole range of days across the calendar year and today is also an important one, World Mental Health Day. In previous years we have had donations and worn another colour however this year, after discussion, we felt like we couldn't do this so close to all of the other things we are taking part in during the school day. This half term alone we have had lots of trips, mufti days, a harvest collection and donations for our winter warmer. We are aware that we can ask a lot from parents/carers in short periods so for this reason we have not requested anything in particular for this day but the children will be taking part in activities related to this cause.

Over the last few weeks we have had trials for lots of different events, the football teams, cross country and auditions for Broughton's Got Talent. I just want to applaud all of those who took part in these activities and auditioned. Having watched some auditions, been part of the girls' and boys' football trials and seen the cross country runs it is clear we have some brave and talented children so well done to all who took part. And do remind your child that if they did not get selected that it doesn't mean it will never happen, it is just not yet.

Finally I have a bit of a request from our parental community! We are lucky to have an extensive playgrounds and play times however, this does require consistent maintenance and funding. Sometimes this is helped by donations from our parents. This time we are after play sand, and lots of it, to top up our sandpits and old white goods - dishwashers, washing machines and tumble dryers (not fridges/freezers) for our mud kitchens. If you or anyone else you know can help us with this we will be extremely grateful and we can post thanks on behalf of any businesses on our newsletters. Have a lovely weekend and see you all next week!

Mr Charlie Reed

## Important notices

### Christmas lunch Friday 12th December

Each family can book a maximum of two tickets, which will guarantee you a seat and a 2 course meal for lunch. The price for each adult ticket is £6. The cut off date to book your adult lunch is Sunday 2nd November and we cannot accept any late bookings. Here is the link to the online booking form and letter with more information <https://schoolforms.uk/T/HLQStJlugU0WcfHLB>

### Year 5 and 6 residential

Just a reminder that the letter went out for the residential booking for next year. To reserve your place please pay the deposit by the 3rd November. We also have our residential meeting for Year 5 and 6 parents on 20th October so please do come along and find out some more information. This year's residential is taking place in Wales, it is a venue we have been to before and it is a fantastic venue - one of my favourites!

### Class emails

A reminder that should you wish to contact your child's class teacher you can always email then using the class email addresses. If your child is at the infant school it is just your child's class name followed by [@broughtoninfant.bucks.sch.uk](mailto:@broughtoninfant.bucks.sch.uk) and if they are at the junior it is just your child's class name followed by [@broughton.bucks.sch.uk](mailto:@broughton.bucks.sch.uk) - I have used a real example below for your reference.

[kiwi@broughtoninfant.bucks.sch.uk](mailto:kiwi@broughtoninfant.bucks.sch.uk)

[turtle@broughton.bucks.sch.uk](mailto:turtle@broughton.bucks.sch.uk)

It is worth noting that we only ask staff to check these at least once a week - some teachers may have the availability at times to do more than this but it really depends on the day and time. If you need to speak to a teacher you can do this before or after school on the playground or request a time/day for the class teacher to call or meet you.

### **Important Safeguarding Notice: Children's "Spy" Books**

We want to make you aware of a recent issue affecting some popular children's books by Andrew Cope, including the *Spy Dogs*, *Spy Cats*, and *Spy Pups* series.

Some editions of these books include a printed web address at the back. This link used to go to the author's website, but the domain is no longer under his control. It has since been taken over by another party and now leads to inappropriate adult content.

The publisher, Puffin, has paused sales and distribution of the books and is working with schools, libraries, and retailers to remove copies from circulation. They have stressed that the website has no connection to the author or publisher.

#### **What this means for you:**

- If your child has any *Spy Dog*, *Spy Cat* or *Spy Pups* books at home, please check the back for website links and make sure they do not try to visit the site.
- It is safe for children to continue reading the stories themselves – the concern is only with the outdated link.
- We recommend talking with your child about the importance of not following web addresses in books without checking with an adult first.

We will continue to share updates from the publisher as more information becomes available.

## Dates for your diary

### Infant School dates

Mon 13th Oct - Year 2 Library Visit  
Tues 14th Oct - Parents Evening 3.30-6.30pm  
Thursday 16th Oct - Parents Evening 3.30-6.30pm  
Fri 17th Oct - Harvest Foodbank Collection  
Mon 20th Oct - Year 1 Trip to Bekenscot  
Wed 22 Oct - Open Classrooms (3.15-3.40pm)  
Fri 24th Oct - Break up for Half Term  
Mon 3rd Nov - Children back to school  
Wk/C Mon 10th Nov – Anti-bullying week  
Wk/C Mon 10th Nov – Tours for the parents of children starting school in September 2026  
Wed 12th Nov - Open classrooms (3:15 – 3:40pm)

### Junior School dates

Wed 8th Oct - Year 3 Library Visit  
Mon 13th Oct - Parents Evening 3.30-6.30pm  
Wed 15th Oct - Parents Evening 3.30-6.30pm  
Fri 17th Oct - Harvest Foodbank Collection  
Wed 22 Oct - Open Classrooms (3.15-3.40pm)  
Fri 24th Oct - Break up for Half Term  
Mon 3rd Nov - Children back to school  
Wk/C Mon 10th Nov – Anti-bullying week  
Wed 12th Nov - Open classrooms (3:15 – 3:40pm)  
Mon 17th & Tues 18th Nov – Tours of the Junior school for the parents of children currently in Year 2  
Mon 17th Nov - Yr 3 trip to Chiltern Open Air Museum

## Infant School Certificates

**Our school value for this half term is responsibility.**

### Reception

03.10.25

Wilbur - For looking after the classroom and being responsible.

10.10.25

Emmy-Grace - For being responsible to keep our classroom tidy and coming into school well.

### Year 1

03.10.25

Mika - for being responsible and always trying hard.

Macie - for being a role model and for always being responsible.

Kasim - for being a responsible friend and looking after others.

10.10.25

Phoebe - for being a responsible classmate and looking after our classroom.

### **Other certificates:**

Handwriting - Emaan, Abaad, Jeshua, Osman

### Year 2

03.10.25

Harrison - for always being a responsible member of the class and being ready to learn.

Liliana - for being responsible all of the time. Excellent behaviour and manners.

10.10.25

Nelle - for being responsible with other children and always making the right choice.

Alias - for always working hard and doing his best.

**Other certificates:**

Handwriting: Poppy-Mae, Alfie, Zavian, & Harrison

22 Club: Alfie, Aadhav, Isaiah, Eddie.

11 Club: Aliyah, Rayan, Nelle, Poppy-Mae, Arlo, Max, Rhyom, Louie, Riley. Lewis, HarrietOnsi, Eloise & Liliana.

**Class Attendance Award**

Week 1 - Rhino Class & Koala Class - 99.3%

Week 2 - Koala Class - 99.6%

**Lunchtime Superstars Award**

Week 1 - Hippo Class

Week 2 - Koala Class

TEAM POINTS LEADERBOARD	
1st	Green
2nd	Red
3rd	Yellow
4th	Blue

**Lunchtime Stars of the week**

Week 1 - Wesley, Lucy, Macie, Abu, Aadhav, Lewis

Week 2 - Enzo, Harleigh, Henrietta, Eliza, Liliana, Juliette

## Junior School Certificates

**Our school value for this half term is responsibility.**

**Year 3**

03.10.25

Mrithini - for showing responsibility by working carefully and doing her best.

Stefan- taking responsibility for his learning and his behaviour.

10.10.25

Joshua B - for your excellent sense of responsibility during our Year 3 library trip.

Karuneyan- for your excellent sense of responsibility during our Year 3 library trip.

**Other certificates:**

22 club - Robyn, 33 club - Delilah, 44 club - Vedika, 55 club - Neyvaan, 66 Club - Shayaan

Star writer - William for the resilience he showed in publishing a lovely diary entry.

Star Writer- Emily G Excellent diary entry as if she was Ug.

**Year 4**

03.10.25

Ethan - for always working hard in every lesson and trying his best to improve his work

Chloe - For being responsible by offering to help with jobs around the classroom.

10.10.25

Harry - for working so hard on improving his handwriting in all lessons and completing more work independently.

Alaya - For always setting a great example to others and being responsible for her learning.

**Other certificates:**

44 club- Phoebe 99 club- Ananya 55 club - Jack. 77 club - Elizabeth

50 Team points- Alaya, Ayan, Tra

**Year 5**

03.10.25

Sofia - for using knowledge from her science lessons to create parachutes for home learning.

Neave - For always being a responsible learner

10.10.25

Levii - For taking responsibility for the classroom by helping to keep it tidy.

Alfie - For working hard in lessons and fully participating in class discussions.

**Other certificates:**

99 club - Noah 66 club - Beau, 33 club - Darcey

Reader of the week - Kyra, Edie, Isabella

Bronze team points - Anayah, Alfie, Methmi, Sofia, Ella, Felicity, Eze, Dolly, Amelie

**Year 6**

03.10.25

Ziphonzone - for taking responsibility for her own learning and going above and beyond.

Lucas - you have shown responsibility, in all areas of your work, especially your presentation in your books.

10.10.25

Iona-Joy - for showing responsibility in her classroom behaviour and being a role model for others.

Reegan - for showing great responsibility in his learning and being a model Broughton pupil at Bletchley Park

**Other certificates:**

Reader of the week: Cierra - for writing a fantastic book review.

Reader of the week: Emerson Samsworth - for inspiring others to read due to his love of books

Reader of the week: Esme

Silver team points: Esme

Bronze team points: Aliza

66 club - Robin

77 club - Ester

99 club - Aliza

**Class Attendance Award**

Week 1 - Year 5 - Panda - 98.2%

Week 2 - Year 6 - Ocelot - 97.8%

**Times tables Rock Stars Champions**

Class of the week - Week 1 - Year 3 - Albatross

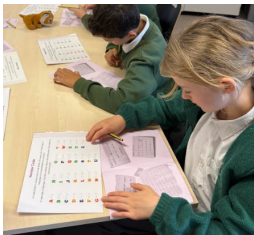
Player of the week - Week 1 - Hudson - Year 4 Turtle

TEAM POINTS LEADERBOARD	
1st	RED
2nd	YELLOW
3rd	BLUE
4th	GREEN

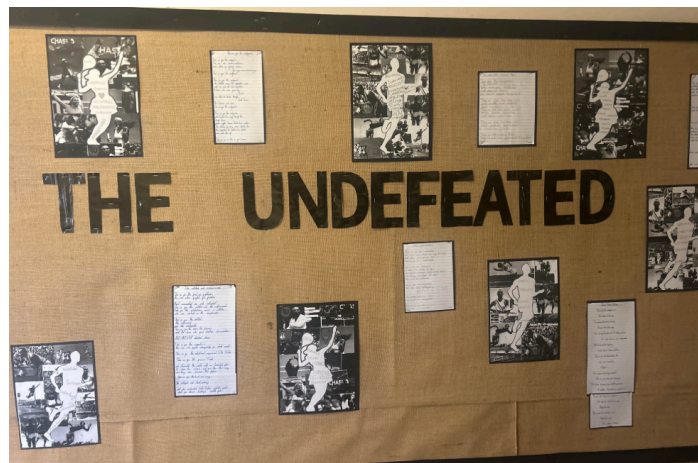
## What's been happening in Year 6?

The children in Year 6 have made a fantastic start to the year. They have approached their learning with enthusiasm and determination!

We have enjoyed a trip to Bletchley Park as part of our coding work in computing. The children had some hands-on experience with an enigma machine and had to become code breakers themselves!



In English, the children have written some powerful poetry inspired by 'The Undeclared' and they will be sharing these in an assembly to mark Black History Month (insert date?). See the picture below for how wonderful their work looks on display.



Find out what's happening in Year 5 in a fortnight!

A reminder that applications for Pupil Parliament close on **Monday 13th October**. This is a great opportunity to be part of helping to make Broughton even better, so please do encourage your child to apply.

## Ensuring every child THRIVES

### **World Mental Health Day**

It's world mental health day! Hooray! But what does it actually mean? Does it mean we are celebrating being mentally healthy? Or is it about sharing our mental health struggles? Or maybe a bit of both?

How we talk about mental health has changed a lot over the years. We have gone from there being a huge stigma around admitting that you suffered with a mental health condition like anxiety, depression or OCD. People can now openly talk about their struggles, more people and employers are accepting and accommodating, and this is definitely a good thing.

But there are some downsides to increased mental health awareness. According to psychologist Dr Lucy Foulkes, one of the problems with mental health awareness campaigns is that they encourage people to talk about their mental struggles and reach out for help but help is not always available (the last time I looked, the CAMHS waiting list in Bucks was about 3-4 years). This can leave people feeling even more hopeless.

The second issue with mental health awareness campaigns is around language, according to Lucy Foulkes. She says that we have started to use the language of mental illness to talk about normal life ups and downs. So, adults and children might talk about 'my anxiety' when referring to feeling nervous or worried about taking the 11+, or people might say they feel 'depressed' when they get to the end of a holiday and the back to work/school blues kick in. The problem with this is that it minimises the issues of people really struggling with their mental health and it over-emphasises the power of those normal, everyday feelings.

So, what can we do differently? How we talk about our difficult and uncomfortable emotions and feelings has a big part to play. So, when we or our child is nervous about some upcoming challenge, label it as nerves, or worry, or feeling anxious, rather than 'anxiety' which is a clinical label. When we're feeling low after a fun weekend, call it feeling low, or the Sunday blues or feeling flat, rather than being depressed. This subtle change in language means we're letting children know that these feelings are temporary, they're normal and they're nothing to worry about. This too shall pass, as the old adage goes.

The other thing we can do is recognise that 'having feelings that fit the context' is healthy. If you're sad that the weekend is over because you've had a great weekend, that fits. If your child is worried about swimming lessons because they don't know how to swim yet, that fits. With the right support (warmth, encouragement, good teaching, etc) the worried feelings will lessen as your child gets more competent at swimming. Being outside our comfort zones is uncomfortable and that is OK. As psychologist Susan David says, "Uncomfortable feelings are the admission price for a meaningful life".

We also need to be aware when we or our children might need extra support. When uncomfortable thoughts and feelings are really intense, when they last for a long time and perhaps don't fit the context and when they are getting in the way of us leading the lives we want to lead, getting some outside help is important.

So, this world mental health day, I would encourage you to celebrate the full range of emotions with your children. The good, the bad and the ugly. Negative emotions like anger, grief, or disappointment aren't obstacles to happiness—they're important signals, ones that guide us through life's challenges. Instead of ignoring or drowning in them, we need to listen to what they're trying to tell us.

**Mr Bethune - Teacher and Wellbeing Governor**

If your child needs extra support with their wellbeing, please email Mrs Kitchen - [bjswellbeing@broughton.bucks.sch.uk](mailto:bjswellbeing@broughton.bucks.sch.uk)

## SEND support at Broughton





I am Mrs Kitchen the Inclusion Manager across both the Infant and Junior sites of Broughton Community Schools. Welcome to our section of the newsletter for families of pupils with Special Educational Needs and Disabilities (SEND). If you need to contact me, you can do so via the school offices by telephone on 01296 423276 (Juniors)/ (01296) 415642 (Infants) or by email:

[office@broughton.bucks.sch.uk](mailto:office@broughton.bucks.sch.uk) [office@broughtoninfant.bucks.sch.uk](mailto:office@broughtoninfant.bucks.sch.uk)



## This Week's Focus: Therapies



 <b>Speech and language therapy</b>	<b>Occupational therapy</b> 
<p>Speech and language therapists can advise and help with:</p> <ul style="list-style-type: none"> <li>● attention and listening skills</li> <li>● play skills</li> <li>● understanding and using spoken language</li> <li>● recognising and producing speech sounds</li> <li>● using language socially</li> <li>● communicating, for example, using signing and symbols</li> <li>● fluency / stammering.</li> </ul> <p><a href="#">SALT resources, webinars and advice sessions</a></p>	<p>Their aim is to help your child get the most from their lives and achieve their potential. Children and young people may need help with certain activities. We help to develop participation skills in self care, productivity and leisure. This might include things like:</p> <ul style="list-style-type: none"> <li>● eating, drinking and washing (self care)</li> <li>● using classroom tools such as a pencil or scissors (productivity)</li> <li>● playing in the park with friends (leisure).</li> </ul> <p><a href="#">PT resources, webinars and advice sessions</a></p>

# BHT THERAPY LINK

## THERAPY ADVICE AT YOUR FINGERTIPS

This is a new confidential messaging service for parents, carers, young people and professionals to get advice and support from the NHS CYP Integrated Therapies team for:

- Occupational Therapy
- Physiotherapy



• Speech and Language Therapy. Just send a text message to 07312 263754, scan the QR code or click the link: [Live Chat](#). A Children and Young People's Therapy Link Worker will reply to the message within 2 working days. The messaging service is available Monday to Friday 9am to 4pm (excluding bank holidays).

TRY A FULL  
CLASS FOR  
**FREE**



# Well, **THAT WAS FUN!**

We loved introducing your child to the confidence building world of Perform today. And guess what, it's just the beginning...



## Play is a **POWERFUL THING**

Perform classes help boost children's **confidence, concentration, coordination** and **communication** skills, as well as being lots of fun.

Our expertly designed drama, dance and singing sessions for 4-7s and 7-12s are run by experienced teachers, hand-picked for their warmth and approachability.

They'll be with your child every step of the way – inspiring and encouraging them to develop vital life skills as they discover the joy of performing.

**“ We couldn't be happier with William's Perform experience. We signed up to boost his confidence and it's making a wonderful difference.”** - Samantha Nye

### What does Perform offer?

- Performing arts-based games and exercises
- Focus on a different social skill each week
- Small classes and feedback on your child's progress
- Specially created scripts, videos and apps
- End of term presentation for family and friends

### Try a **FREE CLASS** at your nearest venue

#### Perform Wendover

Tuesdays at 4pm (4-7s), 5.05pm (7-12s). Wendover Memorial Hall, Wharf Road, HP22 6HF

#### Perform Berkhamsted

Wednesdays at 4pm (4-7s), 5.05pm (7-12s). All Saints' Church Hall, Shrublands Road, HP4 3HY

#### Perform Amersham

Thursdays at 4pm (4-7s), 5.05pm (7-12s). Chestnut Lane Primary School, 105 Chestnut Lane, HP6 6EF

**Until 22 Nov, new joiners can use NARB221125 for a £40 introductory discount.**

### Ready to try for free?

Your child's first class is free, so why not give it a go? Classes take place all over, have a look online or call us:

[perform.org.uk/try](https://perform.org.uk/try)  
**020 7255 9120**





**Diwali Festival of Lights 2025**  
**Sunday 2nd November**  
 Discover Bucks Museum, Church Street, Aylesbury HP20 2QP  
 12 till 5pm

*Fun family event*

**EVENTS INCLUDE:**

- Cultural and Bollywood Dance
- Henna Tattoos
- Craft Activities
- Dhol Drummers
- Street Food & Chai Stalls plus much more!

**FOR MORE DETAILS VISIT:**  
[holycowcommunityevents.org](http://holycowcommunityevents.org)

**BOOKING ESSENTIAL**

Charity Reg No: 1194665

[f](#) [X](#) [@folaylesbury](#)

HOLY COW HOME  **Discover Bucks Museum**

 **photohello**

 The Anson Charitable Trust

 **ROTHSCHILD FOUNDATION**

 **HOLY COW TEA**



**Buckinghamshire Family Learning**

**HALF TERM WORKSHOPS with FAMILY LEARNING**

A FREE workshop for parents and carers of children from 3-11 years old, living in Buckinghamshire.

Discover how science can help protect our planet in this fun-filled, hands-on session for parents and children!

at Quarrendon Adult Learning Centre, Holman Street, Aylesbury, HP19 9LJ



On Wednesday 29 October  
 10.00am-12.00pm



To book your FREE place, contact our enrolment team on 01296 383582, click the [link](#) or scan the QR code.



SCAN ME

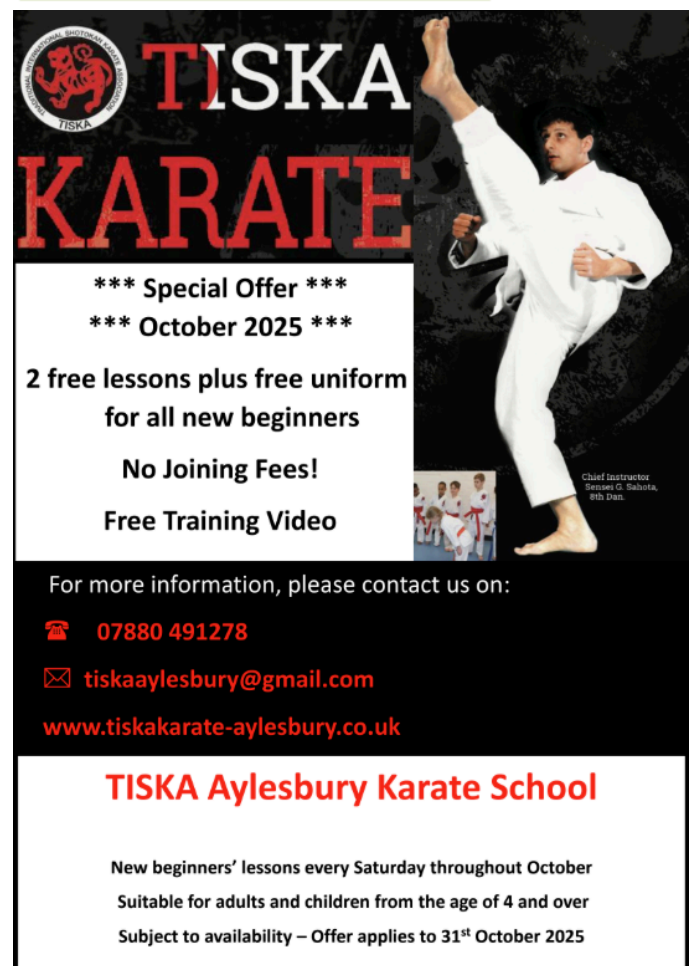


[f](#) [@buckinghamshireadultlearning](#) [BucksAdL Learning](#) [adultlearningbc.ac.uk](#)

Funded by UK Government

**aylesbury vineyard STOREHOUSE**

- Soup (Meat and Veg)
- Tinned fruit
- Pasta sauce
- Instant noodles
- Custard
- Microwave rice
- Tuna
- Tea bags
- Tinned beans
- Tinned tomatoes
- Tinned meat
- Jam
- Biscuits

**TISKA KARATE**

**\*\*\* Special Offer \*\*\***  
**\*\*\* October 2025 \*\*\***

**2 free lessons plus free uniform for all new beginners**

**No Joining Fees!**

**Free Training Video**

For more information, please contact us on:

**07880 491278**

[tiskaaylesbury@gmail.com](mailto:tiskaaylesbury@gmail.com)

[www.tiskakarate-aylesbury.co.uk](http://www.tiskakarate-aylesbury.co.uk)

**TISKA Aylesbury Karate School**

New beginners' lessons every Saturday throughout October  
 Suitable for adults and children from the age of 4 and over  
 Subject to availability – Offer applies to 31<sup>st</sup> October 2025

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](http://nationalcollege.com).

# 10 Top Tips for Parents and Educators

## CREATING FAMILY RULES FOR USING DEVICES

A set of family rules agreed on with children can promote the safe, responsible use of devices like tablets, smartphones, gaming consoles and computers. By developing rules around technology, it opens the conversation regarding boundaries and expectations, ensuring a healthy balance of screentime. This guide will help you to develop an age-appropriate family agreement to suit your household.

### 1 WORK TOGETHER

Collaborating with children when setting rules around the use of technology is a valuable task that can encourage them to take more ownership. It's important to make rules which reflect your family and are age appropriate. Think about what you all enjoy doing online and what apps, games or devices children use most frequently.

### 2 AGREE TIME LIMITS AND SUITABLE TIMES

Be realistic when setting screen time limits. These can vary depending on the child's age, whether it's a weekday or weekend, and what they're actually doing online. If they're conducting research for homework, that might require more time than if they were playing games. Consider when screen time begins: does it come after chores and homework? Agree times when technology and phones must be put away.

### 3 ENCOURAGE HONESTY

Family rules ensure that everyone can have fun with their devices and be safe while doing so. Nonetheless, children may make mistakes as they learn to navigate the online world. Emphasise that if they ever feel worried, unsafe or upset about something they've done, sent, said or received, they should tell you immediately so you can help them resolve the problem.

### 4 CHARGING AND OVERNIGHT STORAGE

To ensure children get the downtime they need overnight, it's important that devices – especially smartphones – are kept in a common space, where possible. This reduces the chance of pointless late-night scrolling or sleep being disturbed by calls, messages or notifications. There are charging boxes you can purchase, or all gadgets could be charged in the kitchen overnight to avoid distractions.

### 5 REVIEW RULES REGULARLY

Anything you agree on isn't set in stone. These rules will likely alter as children get older and the way they use technology changes. Take time to review these as a family; discuss what's working, and what isn't. Communication is key – so by doing this, you involve the child in their own online safety while promoting an open dialogue.

### 6 PROTECT PERSONAL INFO

Discuss and demonstrate the importance of protecting your personal information. Talk about what details you share online and who with. Use parental controls to block children from connecting with strangers, so that any information they do share is among their real friends. Ask a child's permission before posting any photos of them on social media, as this demonstrates positive online behaviour that they should learn and remember.

### 7 BE RESPECTFUL

Highlight the importance of showing respect to others when using technology. Encourage children to speak kindly to others online – such as on social media, when playing multiplayer games or in group chats (which can often lend themselves to teasing behaviour). Explain that if they aren't treating others considerately, they might be made to stay away from their devices for a while.

### 8 "NO TECH" ZONES

Designating spaces in the house where technology isn't allowed (for example: bedrooms, bathrooms and at the dinner table) lets you keep an eye on what children are viewing and who they're communicating with. It gives you some quality, screen-free time with them, too. It also helps reduce any impulses to potentially engage with inappropriate content, as they're unlikely to do so in a common space within the home.

### 9 AGREE ON CONSEQUENCES

As a family, discuss why the rules are important to balance their screentime, to ensure everyone enjoys gaming or interacting online, and that they are safe when doing so. Therefore, if these rules are broken, there has to be a consequence. Discuss what would be fair for certain breaches of the rules, as this can prevent a disproportionate response in the future.

### 10 KNOW ALL PASSWORDS

To protect children from inappropriate content, parents should have access to all passwords. Parents should also make it clear that they will check children's devices, should they have any concerns about their use. Emphasise that this isn't due to a lack of trust but is an extra way of keeping them safe.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant at BCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



Source: See full reference list on guide page at [nationalcollege.com/guides/tips-for-creating-family-rules-for-using-devices](http://nationalcollege.com/guides/tips-for-creating-family-rules-for-using-devices)